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# THE NORTH LAWNDALE COMMUNITY NEWS

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Serving North Lawndale, East & West Garfield, Austin, Pilsen, Humboldt Park, Near Westside & South Lawndale

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PROVIDING INFORMATION ON RESOURCES AND EVENTS THAT IMPROVE THE LIFESTYLE OF INDIVIDUALS AND FAMILIES IN OUR COMMUNITY

## Fit the Lawndale Christian Fitness Center into Your New Year's Resolution

Tali Bakhit



The Zumba class instructed by Norma Rodriguez. Photo by Tali Bakhit

The Lawndale Christian Fitness Center is doing big things for your new year. With the thought of the community in mind, the fitness center is adding not only a new facility that will open in early March but starting the first of the year, there will be a

fitness kiosk added to the workout of all who are members. The kiosk is a part of keeping members serious about health, wellness and weight loss but as well it will allow each member to understand the full dynamic of how to stay safe within



Norma (black tank top) with her class. Photo by Tali Bakhit

the means of their workout goals.

Brian Gannon, Manager of the Lawndale Christian Center facility says, "I am very excited about all of our new additions--- we have over \$750,000 worth of new equipment being added into our new facility, 65 cardio machines, over 40 strength units, 2 half court gymnasiums, more classes, and later hours this is what we are doing for the community." The fitness center will open Monday

to Thursday from 7:00AM until 11:00PM, Saturdays 7:00AM until 10:00PM and on Sundays from 12:00PM until 5:00PM.

In between times classes are in the process of being set. Currently the fitness center has a Silver Sneaker class for seniors in the morning, a hip hop step aerobics class, a cardio punch class, a spinning in door cycling class, and one of the most popular amongst the community is

the Zumba class taught by Norma Rodriguez. The Zumba class is usually full of people and you have to sign a list before you can enter--- this is how popular the class is, not only is it one of the most popular, based on studies it is a great way to burn at least 700 to 900 calories in a workout if you are technically aligned with each step.

The new facility will add a Latino step aerobics class, and according to Brian Gannon, each part of the new setup is based on a completely new model that the fitness center has---as it still corresponds to the old model it's just a better model that will help to better inspire the members. Gannon says "We inspire our members to have New Year's resolutions that will be inclusive to becoming more active, eating healthier, drinking less pop, losing weight and of course more exercise.

The Lawndale Christian Fitness Center has over 4000 members and the staff is looking forward to many

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## New Year's Resolution: Find a New Job

### 12 TIPS TO HELP YOU LAND THAT NEW JOB IN 2012

2012 is just about here and with the New Year comes New Year's resolutions. If your resolution is to find a job and you want to be the candidate that stands out and gets the job offer, then here are 12 tips to follow.

1. Become An Expert at Interviewing. Nobody gets a job without going through the interview process. This takes a lot of preparation and planning. It starts with knowing yourself and your experiences and learning how to convey to the interviewer that you have the knowledge, skills, experience, and attributes that make you the best fit for the job. Learn the secrets of acing telephone interviews, panel interviews, decoding a job description to know what questions to expect, learn what questions to ask, learn how to answer "What salary are you looking for?" and learn to use the art and skill of storytelling to help the interviewer hire you. The book, "Job Interview Skills 101, the course you forgot to take", provides a method and strategy that can help you succeed in successfully preparing for the interview process. Make the investment in yourself and prepare so that you can beat out the competition.

2. Gear Up To Network. About 80% of jobs are filled through referrals. When I am recruiting, I always reach out to the people I know to ask if they might know someone who could fill my open

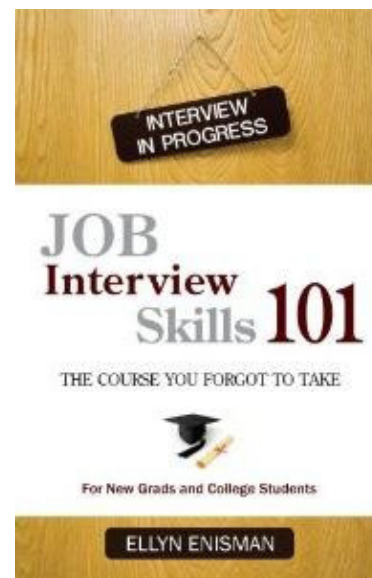
positions. Make a list of everyone you know, which includes friends, relatives, former co-workers, managers, classmates, teachers, etc. Include people who have been your advocates and mentors in the past and also the present. Include people you haven't seen in years so you can get back in touch with them. Create a spreadsheet that includes names, contact info, company where they work, date of contact, how contact was made, what you discussed, outcome of the conversation, and follow up date.

3. Help Your Network Help You. It's great to have a long list of people to connect with, but it's important to know what you want them to help you with and give them the tools they need to help you. Have your resume ready to send to them with a summary of all the attributes and qualifications that you have. Make sure you send it to them in an email so they can forward it to anyone they might know who would be interested in meeting you. Your summary of qualifications and list of attributes allows them to advocate for you. It also makes it easy for them. Even the best of your advocates will be too busy to write something on your behalf. Having it in an email allows them to email others and say, "I know you are searching for a Public Relations Professional, here is info on someone who I think would be a great fit. Here is a list of their qualifications and their resume."



4. Work Your Network. A network is only as good as the contact you make with them. Remember networking isn't always about asking for something. It's about learning about your contact and sharing info about yourself. Networking is also about helping your contact or adding value to them. So listen carefully to what your network tells you because it will give you clues on how you can help them. Once you find out, take action. But what if you haven't spoken to a few people in years or what if you there are people you want to connect with who you have never met? This leads to the next tip.

5. Get Social and Grow Your Network. If you are not tech savvy, you need to get tech savvy. This includes social media. LinkedIn, Twitter, Facebook, are three of the



most important. There are others such as Quora and Google+. Anyone who is looking for a job needs a solid LinkedIn profile. There are tutorials on LinkedIn that can teach you how to do it. Facebook and Twitter have tutorials as well. When I am recruiting, I go to LinkedIn and I search for people using keywords. I have identified qualified candidates for open positions this way. When I look at a resume, the first place I go is to LinkedIn, Face book, and Twitter to see what I can learn about that person. This is before contacting them. That being said if you have these profiles already, ask yourself: "Would I be interested in

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Visit us on our website at [www.nlcen.org](http://www.nlcen.org) for more articles, photos, information and more.



North Lawndale Community News  
Winner of the 2005 SBC Beyond the Call Award

North Lawndale Community News  
Winner of the 7th Congressional District 2004  
Education Champion Award  
Presented By Congressman Danny K. Davis &  
Residents of the 7th Congressional District

# NLCN

## 2011 Focus

### Health and Education

Ten Years has past since the New Millenium scare of the year 2000, a time of uncertainty. In 1999, we began by thanking God for making the newsletter possible. Much has happened since October of 1999 when we first published the North Lawndale Community News more than eleven years ago. Many have contributed, supported, volunteered, written, taken photos, done research, and/or completed our workshops. We have helped many and many have helped us. Health is essential to a good life. Education is necessary for the pursuit of happiness in an economy driven society.

In 2001, our focus targeted the "Revival of the Family". In 2002, we targeted "Wholistic Wellness". In 2003, we targeted "Education and Training". In 2004, the North Lawndale Community News focused on helping our community acquire a better quality of life through higher levels of reading and responsible wealth creation. In 2005, it was Technology, Business Development, and Employment. In 2006, the primary focus for SHS/ NCLN was Health, Education, and Welfare. In 2007, the primary focus for SHS/ NCLN was People and Education. In 2008, the primary focus for was the Church, Financial Literacy, and Technology. In 2009, the primary focus for SHS/NLCN was HEALTH & THE ECONOMY. In 2010, our primary focus was to live and reflect on our previous years of focus, as we progress to a better quality of life.

So many things remain a high priority in our life. As we struggle to enjoy life, many have neglected the necessary choices that preserve and extend a healthy and abundant, spirit, mind, and body. So along with health, there is education (knowing) and the need to have the resources to act upon the knowledge for a better quality of life.

The North Lawndale newspaper was and is created to help fulfill the mission of Strategic Human Services. That mission is to provide information on resources and events that improved the lifestyle of individuals and families. This is our primary objective that includes all of the sub-objectives that help to reach that primary objective. There is a saying that if your're not sure where your're going, your're liable to end up someplace else- and not even know it.

Even though tough times are among us setting positive objectives and staying committed to them will be the focus of our news for this 2011 year.

## Writer's Meetings!!

The North Lawndale Community News  
Where: 1211 S. Western, Suite 203

**Time 6:00pm**

**Date January 19, 2011**

*Free Training in Community Journalism!*

**Everyone Interested in  
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## The North Lawndale Community News

The North Lawndale Community News is now published weekly by Strategic Human Services. Our purpose is to help inform our community on resources, events, and issues relevant to them and our neighboring communities. Our community includes those who live, work, worship in, and/or care about North Lawndale. Our focus is on positive, productive solutions, that will improve the lifestyle of our community members.

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**Weekly Mail Subscription Rates:** \$25.00 for 3 months. \$45.00 for 6 months \$75.00 for 1 year  
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## K OF C TO DONATE NEW WINTER COATS TO NEEDY CHILDREN

Chicago-area Knights of Columbus will distribute 14 dozen new winter coats to area children in need. The first distribution is scheduled for Monday, Jan. 2, beginning at 3 p.m. The coats will be given to needy children free of charge.

The event will take place at:  
Sheridan-Carroll K of C Hall  
2015 North Harlem Avenue  
Chicago

The hall is also the site of the St. Jude Food Pantry, operated by Sheridan-Carroll Council No. 537.

This marks the fourth consecutive winter for the Knights' Coats for Kids program. Each year, the organization has distributed thousands of new winter coats to children in cold-climate cities in the United States and Canada. Altogether, the Knights' of Columbus will distribute more than 30,000 coats this winter. Throughout the history of the program, more than 70,000 coats have been provided to needy children.

The program evolved from the Knights Help a Child in Need campaign, which began in 2006 with an international appeal for donations to charities that support the needs of children.

The Knights of Columbus is the world's largest Catholic fraternal organization with more than 1.8 million members worldwide. One of the most active charities in North America, last year, Knights donated nearly \$155 million and 70 million hours to charitable causes around the world.

## Job from front page

interviewing me if I saw and read my profile?" That includes photos and postings on your wall. If the answers are maybe or no, then build up your profile to include information about you that a recruiter should know, post only professional photos, and privatize information you only want your close friends to see. Learn about the aspects of these social media sites such as joining groups and discussions on LinkedIn, how to reach out to people you don't know, how to ask for introductions, tweeting and following on Twitter, and connecting through Facebook. Follow people in your industry on Twitter. Research people on LinkedIn who have the type of job you want and look at their profiles. Does yours measure up? If not make some changes. Make sure your profiles have the keywords that recruiters would search on when looking for someone with the skills of the job that you want. Remember always be truthful about yourself and your experience. Besides tutorials there are tools out there to help. "Job Searching With Social Media For Dummies" by Joshua Waldman is a great source of info.

6. Get Visual. Get out there on the Internet for all to see. Create an online multimedia resume to give a complete picture of you as a professional. Check out [www.visualcv.com](http://www.visualcv.com). It allows you to add video clips of your work, audio, letters of recommendation, images, awards, writing samples, and qualifications. You can put the link on your resume in your heading, on your LinkedIn and Facebook profiles and in your cover letter.

7. New Year... New You... Look The Part. First impressions are everything. In fact most employers will make an assessment about you the minute they see you. Revisit your interview wardrobe and make sure you can dress the part. You don't have to buy expensive clothes to look professional. When you are in a job search be aware of how you look all the time. Although you do not have to wear a suit all of the time, be aware of grooming. You can meet that important contact at the gym, at

the supermarket or while at the dental office. Remember, when you look good, you feel good and feel confident.

8. Give Back While You're Searching. While your searching for that new job, help others by giving to your community. Find a local organization that resonates with you. Volunteer and participate. Making others happy can help you feel good about yourself. Job searching can be a daunting experience and there is nothing better to lift your spirits than hearing thank you from someone who needed your help.

9. Go To Industry Conferences. Going to industry conferences are a great way to keep current on what's happening in your industry of choice and provide the opportunity to meet contacts in your field. Check the agenda before you go and sign up for classes or sessions of interest. Don't worry; the people you want to meet will be there. Conferences can be expensive so if you cannot afford the price, call and offer to volunteer to work the conference. Often you can do that without paying the registration fee. It's a great way to get to know people.

10. Job Boards Are A Small Part. Job boards can be overwhelming. People always tell me how they apply to so many jobs on the job boards and never get a response. I can tell you from my experience as a recruiter that when I would post a job online, I would get over 100 responses in the first 30 minutes. It is as overwhelming to the recruiter as it is to you. While you need to keep applying, don't rely on the job boards as your only source for your job search.

11. Call Even When It Says Don't. Most online job postings say no calls or don't give any information on how to reach the recruiter by phone. When recruiting, my online postings always said no calls please. Always, however, several people found me and called me. I would be annoyed that they didn't follow my request, but if they had something compelling to say about how they fit the position and why they were interested in the company, I would

speak to them. If they had what I was looking for, I invited them in for an interview. My advice, plan what you are going to say before you call. Make it short and compelling. Ask for the interview.

12. Don't Give Up. Be Strategic. Job-hunting can be exasperating and you may have to accept a lot of rejection. But just remember that your job search is like a funnel. The more you put in the more that comes out. The more quality you put in the more quality comes out. You put in quality by being strategic. Using the tips above is key.

In closing, keep in mind that you need to find your new job because it won't find you!

Happy New Year!

Ellyn Enisman

About the Author:

Ellyn Enisman is the author of "Job Interview Skills 101, the course you forgot to take" and has over 27 years of experience in interview coaching, career counseling, corporate recruiting, employer relationship development, human capital management, human resource consulting, job placement, job search strategy coaching, interview skill workshops and more. Ellyn has held senior executive management positions in the staffing, corporate recruiting, and manufacturing industries. She has recruited, interviewed, hired, and has been instrumental in helping new college grads and college students succeed in their job search. Ellyn has coached students from leading colleges and universities, and is the founder of a professional coaching firm with a unique and successful approach to empowering college students and recent college grads to prepare for the job market. Ellyn is a Huffington Post forum contributor and is interviewed regularly on Fox, CNN, Payscale and other leading business and recruiting websites.

For more information go to [www.jobinterviewskills101.com](http://www.jobinterviewskills101.com), [www.collegetocareercoaching.com](http://www.collegetocareercoaching.com) or contact Ellyn at [Ellyn@collegetocareercoaching.com](mailto:Ellyn@collegetocareercoaching.com)

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**Season's Greetings**  
**Wishing you**  
**a Happy Holiday Season!**



**Arthur P. Wheatley**  
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**7th Judicial Subcircuit**



GREATER ROCK M.B. CHURCH’S COAT GIVEAWAY



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On Mon. 12/19/2011, the Greater Rock MB Church, at 718 S Independance Blvd, In the Lawndale Community, distributed over 150 coats as well as clothes and shoes to residents of the community. The donated coats, etc where collected from the church congregation thru the Agape Ministry.

Strategic Human Services  
1211 S Western ste 203  
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Helping People. Changing Lives.  
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Home Energy Assistance Programs

This winter heating season, LIHEAP-eligible applicants will have an option to decide which of the 2 affordable energy programs is best for you.

LIHEAP Direct Vendor Payment

LIHEAP DVP is designed to assist income-eligible households with winter energy services, in the form of a one-time benefit payment to the utility companies that are applied directly to the household's energy bills. The amount of the payment is determined by income, household size, and fuel type.

LIHEAP Percent of Income Payment Plan

LIHEAP PIPP provides a monthly benefit payment to the utilities based on household utility usage and monthly income. Customers are required to pay a reduced amount on their utility bills each month to get the benefit payments. PIPP participants who make their utility payments on time will receive credits toward their outstanding balance. Disconnected households not eligible.

LIHEAP ENROLLMENT DATES:

Seniors and Disabled Individuals  
September 1, 2011

Emergency Furnace, Reconnection Assistance and  
Households with Children under 5 years old  
October 1, 2011

General Enrollment  
November 1, 2011

DOCUMENTS NEEDED TO APPLY:

- Proof of gross income from all household members for the 30-day period to the application date.
- Copy of most recent heat and electric bills (if you pay for your home energy directly)
- Proof of Social Security Numbers of all household members
- If a member of your household receives TANF, you must bring their Medical Eligibility Card
- Applicants that have their utilities included in the rent must bring proof of rental agreement stating monthly rental amount, that utilities are included, and landlord contact information. (Rent costs must be greater than 30% of household gross income for 30 days prior to application).

INCOME GUIDELINES (EFFECTIVE SEPTEMBER 1, 2011)	
Family Size	*Gross Income for 30 Days Prior to Application Date
1	\$1,361
2	\$1,839
3	\$2,316
4	\$2,794
5	\$3,271
6	\$3,749

\*For each additional person, add \$477.50

Expect Longer Wait Times in September and November. Programs end when funds are exhausted.

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500	\$30	\$40	\$70
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COME IN AND TALK TO SOMEONE IN PERSON.



## HELPFUL RESOURCES

### 2012 COOK COUNTY FOREST PRESERVE PERMITS AVAILABLE MONDAY, JANUARY 3

WHO: The Forest Preserve District of Cook County

WHAT: Will begin selling 2012 picnic permits online and in person

WHEN: On Monday, January 3.

In-person sales will take place from 8am – 4pm at the Forest Preserve District of Cook County General Headquarters, 536 N. Harlem Avenue, River Forest, Illinois.

Normal hours for in-person sales are Monday – Friday from 9am – 4pm, and will begin on Tuesday, January 4.

Online sales will also open at 8am on January 3 at [www.fpdcc.com](http://www.fpdcc.com) and will remain open available 24 hours a day.

OTHER: A Picnic Permit must be obtained by groups of 25 or more. Only two picnic permits per person or organization are allowed per year.

Permit prices vary based on the size of the group and the amenities available at the grove. Permits for groups larger than 399 people must be purchased in-person at the

River Forest General Headquarters location.

**FUN FACTS:** The Forest Preserve District of Cook County sold 8,122 permits in 2011. 1,044 (approximately 13%) were issued on the first day.

More than 1 million people participated in permitted picnics held at Forest Preserve District groves in 2011.

### FREE REPAIRS & REDUCED PRICING FOR YOUR SIDEWALKS

So if your sidewalks are in disrepair, your roof is caving in, your porch needs supporting or your heater barely warms your house -- call 311 after the stroke of midnight on New Year's Eve to sign up for one of these 2 programs:

The Shared Cost Sidewalk Program is a voluntary program in which property owners and the City of Chicago share the cost of replacing sidewalks.

The Emergency Housing Assistance Program (EHAP) provides grants to low-income homeowners to repair roofs, porches and heating units that are in serious disrepair. You can sign up any time after Jan. 1, 2012.

## Fitness from front page

more due to the new facilities build up at 22,000 square feet. According to community members the rates are very affordable, starting at \$10.00 for seniors, \$15.00 for members and \$25.00 for couples. While the new facility will have saunas in both dressing rooms the rates will remain the same for members who will allow automatic deductions from their banking accounts. Brian says "This is only to keep our members committed and serious." However, for members who are not going to be doing automatic deductions, the rate will only go up

to \$20.00 per month.

The age limit has also changed, verses a child needing to be 16 to enter with a parent, it is okay that a child is 13 years of age as long as he/she enters with a parent. According to Gannon, there will also be parent track time where parents are able to roll their children in their strollers around the track and many more additions.

For more information about the new facility or to start your new year's resolution at the Lawndale Christian fitness center call 872-588-3200 to begin your journey.

## BC CLEANERS

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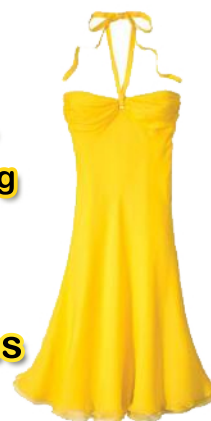


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*Happy New Year!*

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NORTH LAWDALE COMMUNITY NEWS...  
WE ARE WISHING YOU HEALTH, PEACE,  
PROSPERITY, SERENITY,  
AND THE LOVE OF GOD FOR THE NEW YEAR.  
MAY ALL YOUR BLESSINGS OVERFLOW  
HAPPY NEWS YEAR TO EVERYONE  
MAKE THE BEST OF 2012!**



# AT THE FLICKS

David Schultz, film critic



### THE MOVIES: Year in Review

It was a strong year for movies based on characters, presented in their theatrical form and some in documentaries that probed into our social decay of life and living to human conditions. While such black oriented films like *The Help*” and *Pariah*” didn’t break down any barriers or social walls.

Instead, these are the only films out of an entire year that are notable and important that should not be overlooked. Still we need more and better in the future. And with that, here’s my list of the best and the worst in movies for 2011.

#### THE BEST FILMS OF 2011

1. **Hugo** Director Martin Scorsese’s clever and entertaining homage to the origins of the cinema done through a children’s story for adults.
2. **The Descendants** Director Alexander Payne’s exceptional and intelligent human drama about a man (George Clooney) whose wife suffers a boating accident that leaves him to cope with his two daughters.

While in embroiled in a dispute over the selling of valued land property to a client leads to his wife having an affair.

3. **A Separation** This foreign import due in Chicago in late Jan. captures the human drama of a universal theme involving the deterioration of an Iranian couple divorce after 14 years of marriage.
4. **The Interrupters** Documentary filmmaker Steve James who gave us “Hoop Dreams” takes a more piercing look at our society through this year long journey through Chicago’s inner city and mean streets following three courageous “violence interrupters in the city’s Cease Fire program out to defuse the gang violence.
5. **Project Nim** An important documentary on the human condition that offers the true story of a chimp, who in the 1970’s became the focus of a landmark experiment to show that an ape could learn to communicate with language if raised and nurtured like a

human child that is amusing, revealing and profoundly unsettling in what we learn about his animal’s true nature and our own.

6. **Undeclared** Not scheduled to open in Chicago until February, this is a remarkable documentary set in Memphis about a volunteer coach, Bill Courtney and his relationship with some key inner city troubled athletic students that help the Manassas H.S. Tigers end its 110 year losing streak (Are you listening, Chicago Cubs!)
7. **The Artist** A clever, entertaining retro film homage to Hollywood early cinema through this silent movie about fading movie star and the young starlet that over takes his fame when talkies arrives
8. **Moneyball** This true story offers us the business approach that helps a baseball team establish a winning season
9. **Shout and Rejoice** A fascinating documentary on the development of gospel music spanning 200 years
10. **Drive** A strong statement performance from Ryan Gosling as a

Hollywood stunt driver who moonlights as a getaway driver for crooks in director Nicolas Winning Refn’s homage to Chicago filmmaker Michael Mann and his 1981 film, “Thief”

#### Honorable Mentions

11. **The Help**
12. **Love Above All**
13. **Shame**
14. **Into the Abyss**
15. **50/50**
16. **Tree of Life**
17. **Woody Allen’s Midnight in Paris**
18. **Margaret**
19. **Incendies**
20. **My Week with Marilyn**

#### THE WORST FILMS OF 2011

1. **Sucker Punch**
2. **The Beaver**
3. **Beastly**
4. **Arthur**
5. **The Hangover Part 2**
6. **Battle: Los Angeles**
7. **The Dilemma**
8. **30 Minutes or Less**
9. **Judy Moody and the NOT Bummer Summer**
10. **Just Go With it**

## ON VIDEO

Compiled and reviewed by David Schultz



hold an intimate orgy that is supposed to lead to some personal revelations. Not as much fun as it sounds. **(Unrated version)’ 98min. Sony Pictures Home Video**

**COLUMBIANA (\*\*1/2)** Familiar sleek, sexy and violent action revenge flick involving the young girl who witness the murder of her parents link to a drug cartel in Columbia who grows up to be a hired assassin, Cataleya (Zoë Saldana) who stands out step ahead of the law. While she goes on her own killing spree between jobs, killing off those connected to the protected drug lord and his aide, Marco who are partly protected by the US government. An FBI agent (Lennie James) investigating the serial drug related killings gets a clue that confronts him with the assassin who needs his cooperation to get an address from a crooked government official to lead her to Marco and the drug lord. **(Unrated version); 111min. Sony Pictures Home Video**

**THE GUARD (\*\*\*)** Brendan Gleeson and Don Cheadle portray an unconventional, low-key buddy team as a racist and unorthodox Irish police guard and the fastidious American FBI agent brought over to the backwater of western Ireland in the midst of a cocaine smuggling war chasing down a trio of ruthless killers. But it’s the screen chemistry banter between the irreverent Gleeson toward the straight laced Cheadle and the deft yet sweetly profane dialogue that gives this comedy drama its distinction from what is usually expected. **R; 98min. Sony Pictures Classics Home Video; Available: Jan 3**

**STRAW DOGS (\*\*1/2)** Writer-director Rod Lurie manages to deliver some improvement in his appreciation to the 1971 Sam Peckinpah movie in this remake with James Marsden doing an adequate job in the role originated by Dustin Hoffman as a meek screenwriter whose new wife. Kate Bosworth convinces him to relocate their married life in a small Mississippi town to rehab her late fathers farm and house by her sadistic construction worker and ex-boyfriend played by Alexander Skarsgard who steals the film and his redneck crew who begin to torment the couple. **R. 110min. Sony Pictures Home Video; Available: Jan 3**

**DON’T BE AFRAID OF THE DARK (\*\*)** An overdue remake to the 1974 TV movie with minor alterations. Rehabbing an old mansion that has a hideous secret, Architect and divorcee father Guy Pearce with his interior decorator girlfriend, Katie See Video page 7

#### BOY WONDER (\*\*1/2)

Traumatized as a child that witnessed the car jacking murder of his mother. Now haunted by the past while living with his alcoholic father (Bill Sage). Sean Donovan (Celeb Steinmeyer) encounters a ruthless drug pusher that brings out his violent side into a vigilante who roams the mean streets and subways killing off criminals messing with the innocent at night. While by day, he visits a local police district looking through mug shot photos in search of his mother’s killer. Where he befriends a recently transferred Latino female detective. Teresa (Zulay Henao) who begins to grow suspicious about the teen and the recent rash of street murders. Originally made in 2010; “Boy Wonder” represents the dark side of being a superhero. What might have happen if “Spiderman’s alter ego, Peter Parker were more unstable into taking on a “Death Wish”-type avenger image. An unexpected, underrated, gem of a psychological thriller. Check this one! **R; 98min. Inception Media Group Home Video**

**FRIGHT NIGHT(\*\*\*)** An overdue yet descent remake of the 1985 version with Anton Yelchin as the high school teenager nerd living in a gated suburban community outside of Las Vegas who seeks the help of a two bit psychic magician (David Tennant). When the teen realizes his new next door neighbor is a suave yet cunning vampire (Colin Farrell) who begins to take a bite out of his community. **R; 106 min. Touchstone Pictures Home Video**

**A GOOD OLD FASHIONED ORGY (\*)** An unremarkable sex comedy involving a bunch of party animal friends led by Eric (Jason Sudeikis) with his uninhabited John Belushi reject buddy, Mike played by Tyler Labine who host regular raunchy gatherings at his parents’ summer home. When his father (Don Johnson) tells him he intends to sell the property by Labor Day. Eric and his closest friends decide to

## David Robertson: *An Inspiration to All*

David Robertson is young, intelligent and living with HIV. David contracted the virus medically coined as Human Immunodeficiency Virus in the summer of 2007. As David states “that was the day that forever changed my life,” at 12:34pm on June 19<sup>th</sup> he was given the news by his personal physician. There were moments of disbelief, times of frustration and even thoughts of taking his own life. It was difficult for David to accept his fate initially and all he could wrap his mind around was a death sentence. Similar news has caused all types of reactions amongst people. Some immediately go into a state of depression, others become resentful of the world and everyone in it and then there are others who pretend it doesn’t exist. David had his moments but he immediately got back on track and focused on how he could turn his lemons into lemonade.

David had a bright future ahead of him with a college degree in pursuit and outstanding grades to match. At 23 years old David was making his mother very proud of him and he did so by making practical and mature decisions while away at school that allowed his mother to sleep easy at night.

During a routine blood test for his health insurance, David received news that changed his life forever. He learned from his private physician that he was HIV positive. After receiving the news he decided to put school on the back burner and focus on his health. The individual who David contracted this virus from was HIV positive who knew his status but neglected to tell David. The individual believed that because his viral load was so high he couldn’t possibly pass it along to anyone else, even during unprotected sex!

This might sound strange but the unfortunate part is so many people regardless of sexual preference or ethnicity have HIV, yet they are severely uneducated about the virus. Although David considered taking his own life as a result of having HIV and even attempted what he now considers the unthinkable. As fate would have it, he was saved.



David Robertson

In an apartment eleven stories high overlooking Chicago’s Michigan Avenue, one of the city’s busiest and most elite streets. David walked out on the balcony and began climbing onto a barstool. He knew after this courageous somersault that he was contemplating, he would at least be remembered for something. He would be declared the first black man to ever jump to his death on this expensive street. David placed his right foot on the patio table and as he prepared to bring his left foot to join the right one on the table a strong wind from the lake shoved him backwards and into his apartment. The gust of wind was so strong that on his way in he hit his head on the doorway to the balcony. As a result he was passed out for more than 14 hours on his apartment floor.

It appeared that God had more in store for David and he got the message loud and clear. David is devoted to helping others avoid what he went through. His dream is to see the number of diagnoses for HIV decrease dramatically in the coming years. David’s See Inspire page 7



# THE NORTH LAWNDALE COMMUNITY NEWS

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**APT FOR RENT** Coach House, 4 bdrm, 2ba, kit inclds appl, security system, fully renovated, conveniently located near transportation and shopping area. Tenant pays own untls, security required. Rent \$1150 Call (773) 505-3642

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**APT FOR RENT** 7 Rm 3 bdrm. Recently decorated, huge backyard. \$1000/mo plus 1 month sec. Heat included. 5007 blk of West Washington Blvd.. Close to schools and transportation. For more information please contact 773/576-1011.

### OFFICE SPACE

**OFFICE SPACE FOR RENT** 3708 W. Roosevelt Rd. 1-\$250 2-\$350 1-\$500. Contact Eric at 312-296-6551

### Inspire from page 6

mission is to spread the knowledge he has in regards to HIV/AIDS to prevent others from contracting it as well. "Preventative measures are very important, if the guy I had contracted HIV from had just known the basic preventative measures, my life would be totally different right now," says David. Helping others know the risk is what propelled David to become the spokesperson for amFar and to also run his own workshop, appropriately titled H.O.P.E (Helping Other People Evolve). H.O.P.E is an innovative t-shirt and workbook campaign that helps adolescents and young adults gain preventative knowledge about mental illnesses, HIV/AIDS and sexually transmitted infections.

David also conducts a H.I.V (Helping Innocent Vessels) Empowerment and Documentary series. The "Helping Innocent Vessels" documentary is 30 minutes long and based on the behind the scenes look at David's one man show "I Have H.I.V," his older brother's diagnosis/struggle with AIDS, the side effects of HIV and the look into his mother's (Dee) reality on having 2 sons diagnosed with the infectious HIV/AIDS disease.

David can be booked for speaking engagements, workshops, voice overs and to test for HIV. If you are interested in booking David for any of his services please contact his publicist, Kenneth Robinson at 314.304.6305 for his open availability. More information on David and his services can also be found at [www.daviddrobertson.com](http://www.daviddrobertson.com). With every test that is done a life can be changed.....

**BEAUTIFUL APT FOR RENT** If you are looking for a beautiful, spacious, clean, newly rehabbed 3 or 4 bedroom unit, this is it! They have ADT security system installed and are gated in the front and back. These units are in a beautiful brick 2 unit building and we are looking to rent them quickly. They are newly rehabbed with beautiful, roomy kitchens and spacious living rooms with attached dining rooms. The bedrooms and bathrooms are also very spacious. They boast brand new rear porches for your enjoyment. These apartments won't last long so call me now at 773-934-3706! They are available immediately and are located on Flournoy near Sacramento Blvd. They are very close to I-290, blue and pink lines, police station, great elementary and high schools and shopping malls. They are also very close to the medical district and UIC. For more details call me today at 773-934-3706 before they are all gone. Sec 8 welcome.

### WANT AD

**Receptionist needed for AI Garfield Extermination.** Must have office experience, type 45 at least words per minute, typing test given, pass a drug test, background check, no felons, salary negotiable, day time hours, need ASAP Contact Garfield Major at 773-638-8462

### BUSINESS FOR SALE

**Exterminating business, 2 flat Building, plus 3 lots.** asking price \$725,000. Current owner will work one year with new owner to keep present customer base happy. Call 312-492-9090 for information.

### Video from page 6

Holmes are partially too preoccupied with flipping this eerie mansion for profit; Until Holmes' character becomes the child's ally who believes in the warnings from his visiting daughter (Bailee Madison) whose being tormented in the bedroom by little demonic creatures. **R; 95min. Sony Pictures Home Video; Available: Jan. 3**

**TV on DVD: Justified: The Completed Second Season** One of the best new series really hit its stride in its second season here. Following a gun battle that broke the Crowder crime wave on Harlan County leads to other crime organizations trying to fill the void that Deputy US Marshall Raylan Givens (Timothy Olyphant) must oppose through numerous twists and plot turns. Leading to the eventual showdown with the brutal Mags Bennett portrayed by a well deserved Emmy award performance from Margo Martindale

**Coming Soon to Home Video: Brad Pitt and Jonah Hill in "Moneyball" due out Jan. 10... Johnny Depp as the young gonzo journalist Hunter S. Thompson in "The Rum Diary" due out Feb. 14... George Clooney stars and directed this political drama, "The Ides of March" due out Jan. 17. Hugh Jackman stars in "Real Steel:" due out Jan 24...**

## Community Health Educator Job Opening



The **Sinai Urban Health Institute (SUHI)** was founded in March 2000 to generate creative approaches to improve the health of Chicago's urban communities. Led by a team of dedicated and energetic social epidemiologists, the Institute provides evidence-based examination of community health status, the effectiveness of interventions and clinical care, and health-care delivery methodologies. A major component of the Institutes work involves social issues, such as racism and poverty and their impact on health.

We are currently seeking a Community Health Educator (CHE) for the Helping Her Live project. This project aims to assist women along the continuum of breast health care and to reduce delays in obtaining appropriate quality breast health care.

**Position Summary:** The CHE serves as the link between health services and the North Lawndale community to facilitate access to breast health services and to improve the quality and cultural competency of service delivery. The CHE will also identify and help women overcome personal, organizational and systematic barriers to accessing quality breast cancer care.

### Principal Duties and Responsibilities:

- Provide community health education at various neighborhood forums
- Identify and establish relationships with churches and community service agencies
- Assist women in navigating the health care system to obtain their screening mammogram and timely results
- Maintain current knowledge on breast health information, which may be of benefit to clients

### Requirements:

- H.S. Diploma/GED required, some college preferred but is not required
- Experience working in a community-based social or healthcare setting
- Punctual, reliable and willing to learn
- Must possess excellent organizational skills and basic computer skills
- Ideal candidate will have a car and be available to work a flexible schedule including some evenings and weekends

**The anticipated start date will be February 6, 2012**

Please send a letter of interest along with your resume to Janeen Turner at [Janeen.Turner@sinai.org](mailto:Janeen.Turner@sinai.org). Please use "Community Health Educator" as the subject.

Sinai Health System is proud to be an equal opportunity employer.

Breast cancer survivors and residents of North Lawndale are highly encouraged to apply. For more information about the Sinai Urban Health Institute and the Helping Her Live project visit [www.suhichicago.org](http://www.suhichicago.org) and [www.helpingherlive.org](http://www.helpingherlive.org).



<ul style="list-style-type: none"> <li>• Indoor walking/running track</li> <li>• 65 cardiovascular machines</li> <li>• 44 strength machines and free weight stations</li> </ul>	<ul style="list-style-type: none"> <li>• 2 group exercise rooms</li> <li>• Locker rooms with showers and hot air saunas</li> <li>• Specialty classes for seniors and full access for youth 13 &amp; up (with adult)</li> </ul>	<ul style="list-style-type: none"> <li>• Half and full court gym available</li> <li>• Personalized exercise/weight loss program</li> <li>• Expanded late night hours and open on Sunday</li> </ul>
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# STRATEGIC HUMAN SERVICES COMPUTER CLASS SCHEDULE AUG. 3, 2011—JUN. 22, 2012

CLASSES WEEKDAYS 6-8 PM, SATURDAYS 2-4 PM, OPEN COMPUTER LAB MON-FRI 9-5 PM

Sponsored by the Illinois Department of Commerce and Economic Opportunity

2011	2012
WED AUG. 3	WED JAN. 4
SAT AUG. 6	SAT FEB. 4
WED SEPT. 7	WED FEB. 8
WED OCT. 5	WED MAR. 7
SAT NOV. 5	WED APR. 4
WED NOV. 9	WED MAY 2
WED DEC. 7	WED JUN. 6

2011	2012
SAT AUG. 13	WED JAN. 18
WED AUG. 17	SAT FEB. 11
WED SEPT. 21	WED FEB. 22
WED OCT. 19	WED MAR. 21
SAT NOV. 12	WED APR. 18
WED DEC. 21	SAT MAY 12
	WED MAY. 16

2011	2012
FRI AUG. 26	SAT JAN. 14
FRI SEPT. 23	FRI JAN. 27
FRI OCT. 28	FRI FEB. 24
FRI NOV. 25	FRI MAR. 23
FRI DEC. 23	SAT APR. 14
	FRI APR. 27
	FRI MAY. 25
	FRI JUN. 22

2011	2012
FRI AUG. 5	FRI JAN. 6
FRI SEPT. 2	FRI FEB. 3
SAT SEPT. 3	FRI MAR. 2
FRI OCT. 7	SAT MAR. 3
FRI NOV. 4	FRI APR. 6
FRI NOV. 25	FRI MAY 4
SAT NOV. 26	FRI JUN. 1
	SAT JUN 2

2011	2012
FRI AUG. 19	FRI JAN. 20
SAT SEPT. 10	FRI FEB. 17
FRI SEPT. 16	FRI MAR. 16
FRI OCT. 21	FRI APR. 20
FRI NOV. 4	FRI MAY. 18
FRI NOV. 18	FRI MAY 2
SAT DEC. 10	FRI JUN. 9
FRI DEC. 17	FRI JUN. 15

2011	2012
SAT AUG. 20	SAT JAN. 21
SAT SEPT. 17	SAT FEB. 18
SAT OCT. 22	SAT MAR. 17
SAT NOV. 19	SAT APR. 21
SAT DEC. 17	SAT MAY. 19
	SAT JUN. 16

2011	2012
WED AUG. 10	WED JAN. 11
WED SEPT. 14	WED FEB. 15
SAT OCT. 1	WED MAR. 14
WED OCT. 12	SAT MAR. 31
WED NOV. 16	WED APR. 11
WED DEC. 14	WED MAY 9
SAT DEC. 31	WED JUN. 13

2011	2012
WED AUG. 24	SAT JAN. 7
WED SEPT. 28	WED JAN. 25
SAT OCT. 8	WED FEB. 29
WED OCT. 26	WED MAR. 28
WED NOV. 30	SAT APR. 7
WED DEC. 28	WED APR. 25
	WED MAY 23

2011	2012
SAT AUG. 27	SAT JAN. 28
SAT SEPT. 24	SAT FEB. 25
SAT OCT. 29	SAT MAR. 24
SAT NOV. 19	SAT APR. 28
SAT DEC. 24	SAT MAY. 26
	SAT JUN. 23

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