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PROVIDING INFORMATION ON RESOURCES AND EVENTS THAT IMPROVE THE LIFESTYLE OF INDIVIDUALS AND FAMILIES IN OUR COMMUNITY

WVON Hosts Forum for Democratic Candidates for Cook County Board President at Malcolm X College



Cook County President Forum at Malcolm X College.

Thursday August 27th 2009 four Democratic candidates for President of the Cook County Board of Commissioners participated in a forum hosted by radio station

WVON-1690 AM at Malcolm X College, 1900 West Van Buren in Chicago from 6-8pm. WVON is located on the city's South Side at 1000 E. 87th Street. Chicago, IL. The

station is also called "The Talk of Chicago" and provides a talk forum for the African-American community, where they discuss political, social, economic and

current events. WVON (1690 AM) is licensed to Berwyn, Illinois, and is the only Black owned radio station serving the Chicago market.

The Democratic candidates included; Cook County Board President Todd Stroger (current); U.S. Congressman Danny K. Davis, D-7th District; Alderman Toni Preckwinkle of the 4th Ward and Cook County Clerk of the Circuit Court Dorothy Brown.

The first African-American to serve as President of the Board was also a member of the Democratic Party John H. Stroger, Jr. He served from 1994 until 2006 and was succeeded first by President Bobbie Steele, the first female president, also African-American and then by incumbent President Todd Stroger, who is the son of John Stroger, Jr.

WVON's staff was set up outside the theater where they had the guest lines up and write down their questions for the candidates.

The forum, held in the auditorium was filled to capacity and was moderated by Cliff Kelly "The Governor of Talk Radio, a show

which airs from 3:00PM until 7:00PM, Monday through Friday.

The candidate's aspiration is to be elected to the position of Chief Executive Officer of Cook County. The Board is comprised of 17 elected Commissioners, serving a four-year term. The President is elected by the voters of the entire County.

Cliff explained the rules to the audience and the candidates. They were given 2 1/2 to 3 minutes for their opening and answers to the moderator's questions, and 1 minute to rebut or respond to another candidate's remarks. The type of questions Cliff asked ranged from how do you respond to concerns about there being four African-American candidates? How do you deal with lowering taxes and raising revenues? How do you reduce jail overcrowding? Are you in favor of decriminalizing marijuana? How do you insure more minorities have contracts? What can you do to help people in trouble with foreclosure?

See CCBP page 3

Hernandez-Valle family presented An Award by Attorney General Lisa Madigan and Save Abandoned Babies Foundation at St. Anthony Hospital

Joshua Baker

A press conference at St. Anthony Hospital was the scene of a heartbreaking story about a baby that was discovered in an alley garbage can in the Brighton Park Neighborhood at 10 p.m. The Hernandez-Valle family, a family of four were honored as heroes. Claudia, Victorino, son Alexander Hernandez and daughter were given an award by the Save Abandoned Babies Foundation and presented by Attorney General Lisa Madigan.

The son, Alexander, stated he heard a baby cry and told his mother, Claudia, and she knew at the second cry it was a helpless newborn. After the baby was discovered, Victorino quickly called 911. The Police who arrived on the scene called paramedics, who then rushed the baby to St. Anthony Hospital where he was taken care of. The baby was named after the paramedic who brought the baby to the hospital and after the hospital itself "Anthony Thomas". The baby was cared for at St. Anthony Hospital until August 12, when he was turned over to Illinois Department of Children and Family Services.

No information has been acquired yet on the location of the



(L-r) Dawn Geras founder of the Save Abandoned Babies Foundation, Victorino Valle, Claudia Hernandez, son Alexander Hernandez and daughter, Attorney General Lisa Madigan, and Guy A. Medaglia, President & Chief Executive Officer of Saint Anthony Hospital.

mother or father of Baby Anthony Thomas. Dr. Takhsh, Chairman, Obstetrics at Saint Anthony, said he believed the full-term baby was probably born earlier that same evening and appeared to in good condition. When asked about the condition of the mother emotional and physical, he stated that the condition of the mother depends on her physical state at the time of birth and that there should be some emotional impact on a mother that

abandons a child.

Little "Baby Anthony Thomas", fortunately, was discovered in time to be saved. Others are not so lucky. The baby who was abandoned could have been safely relinquished by his birth parents under the Illinois Safe Haven Law, which makes it legal to hand an unharmed newborn to personnel at hospitals, police or fire stations. The parent can walk away with no questions asked or

repercussions for doing so. Since the law was passed in 2001, more than 53 infants have been legally relinquished at safe havens. Of the 56 babies that have been illegally abandoned during that time, only 29 survived. For more information on SaveAbandonedBabies.org, contact dawn Geras, at (312) 440-0229.

Joshua Baker is a summer youth intern and contributing for North Lawndale News. He is also a Senior student at Crane High School.

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North Lawndale Community News
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NLCN

2009 FOCUS

HEALTH & THE ECONOMY

One of the major issues of the recent presidential campaign was health care. Health care costs have become an escalating burden for employers and consumers alike. Research has shown that total health spending is reduced when consumers bear more responsibility for their health and the expenses related to it. One of the best ways to increase life expectancy while reducing disability is to encourage a culture of self-care practices.

Self care is personal health maintenance. It is the care taken by individuals towards their own health and well being. Self care includes the actions individuals take in their role as care givers for their children, their families, and others to stay fit and to maintain good physical, mental, and spiritual health.

Extreme self care means making choices and decisions that honor our soul in everyday living. It means feeding ourselves whole foods, moving our bodies every day, balancing silence with activity, and surrounding ourselves with supportive, like-minded people who are committed to improving or restoring health and uplifting the quality of their lives as well.

More than 75% of people surveyed in the United Kingdom said if they had guidance or support from a professional or peer they would feel far more confident about taking care of their own health. Research shows that supporting self care can improve health outcomes and increase patient satisfaction. Our intention is to support individuals, families, institutions, and communities in their efforts to practice extreme self care. During 2009, the North Lawndale Community News focuses on cost-effective ways you can improve your health by practicing self care.

The Economy has made itself the number one issue with gas prices reaching almost \$5.00 per gallon and having a domino effect on everything else sold, except housing stock which experienced a terrible decline with the high rate of foreclosures. The Chicago metropolitan area reported 5,821 new foreclosure filings in December, a foreclosure rate of one new foreclosure filing for every 499 households — more than twice the national average. That brought the area's fourth quarter foreclosure total to 16,949 and its 2006 foreclosure total to 57,706, according to Realty Trac.

Even transportation on the CTA went on the rise with one day passes increasing by seventy-five cents and monthly passes increased by \$10.00 from \$75.00 to \$85.00. Those are just a few of the increases.

The North Lawndale Community News this year is expanding on last years financial focus to give attention to its broader parent the economy. Saving and making smarter shopping decisions will help stop us losing through wasteful choices. Finding new ways to increase our income is a necessity for many in an area where gentrification is not going to stop.

One of the hardest things to change is behavior. Modifying behavior seems to be easy when it comes to pain. Social pain lack of money has to be extreme for many to change. 2009 should be different for many and of course many will continue toward economic mistakes and financial ruin.

But in today's information society there is no excuse for not making smart choices. Financial literacy alone is not enough. Look what happened to Lehman Brothers and what's happening to many other financial institutions let alone individuals, families, and small businesses.

Solutions come to the internet, books, economic experts, financial counselors and experts, the media and your economical neighbors.

The North Lawndale Community News will tap into resources and share them with you, our reader. So to help you improve your health and your economy keep reading The North Lawndale News. We say yours because some may not modify their behavior, except when the pain comes and still some won't change. Your input is also welcome. If you have some information that is beneficial please submit it. Let's make smarter health and economic moves for life in 2009.

THE NORTH LAWDALE COMMUNITY NEWS

The North Lawndale Community News is now published weekly by Strategic Human Services. Our purpose is to help inform our community on resources, events, and issues relevant to them and our neighboring communities. Our community includes those who live, work, worship in, and/or care about North Lawndale. Our focus is on positive, productive solutions, that will improve the lifestyle of our community members.

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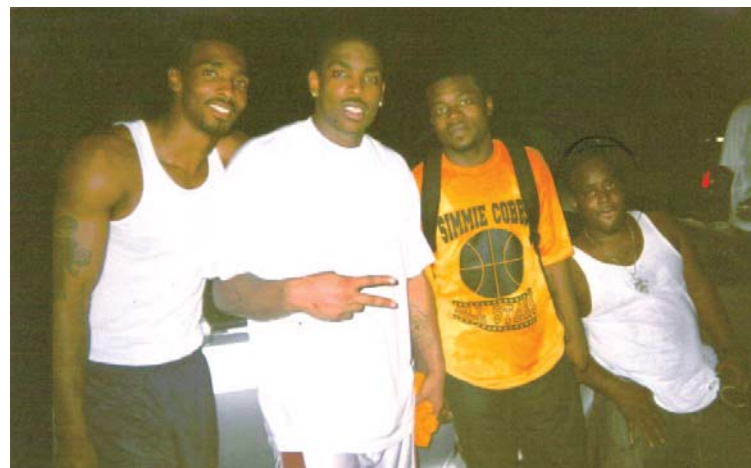
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Youth Became You: *Mentoring The Youth of These Mean Streets*



Simmie Coobs Moore Park Basketball tournament participants.



Luther Head, Paul McPherson, and Will Bynum.

What began by good friend Lynn Bailey as a simple tribute to local basketball legend and single parent, "Simmie Cobbs", who passed away in 2005 of a heart attack, has now grown into one of the city's most widely attended summer sporting events!

With frequent celebrity sightings and participation from NBA players such as Luther Head of The Miami Heat, Paul McPherson formerly of The Golden State Warriors, and Will Bynum of The Detroit Pistons to College star and State Champion, Sherron Collins this has surely become an event the whole community has come to look forward to.

This annual basketball tournament is designed to promote community unity throughout multiple generations. The key things being healthy fellowship, healthy fun! This event has grown into tremendous

seasonal blessing for many neighborhood street vendors and youth. They've earned money for running the clock, keeping score, cleaning the park to selling snacks, food, and DVD footage of the games not to mention the DJ, contests and prizes! It's just like a block club party all summer long! Senior citizens have been quoted saying, "they feel safe travelling the neighborhood during tournament times, they feel that their children and grandchildren are safe in the park during these games."

The Simmie Coobs Moore Park tournament has further developed a passion in the Coordinator Lynn Bailey, as it was the catalyst that birthed his Illinois non-profit organization **Youth Became You**. Lynn Bailey believes in the youth of this community, he stands by them. He constantly mentors them to push themselves to do the right thing and

be the best they can be. Lynn also attends many of other events these youth are involved in, as well as volunteering at Moore Park's fieldhouse as a mentor and coach. Mr. Bailey has donated technology equipment to aid students involved in the afterschool program, enabling them to complete homework assignments in their pursuit of good grades, snacks, jerseys and more. Even the roughest around the edges look up to Mr. Bailey as a respected member of the community. He's a member of the Moore Park Advisory Council as has the support of local politicians, businesses and churches alike.

This year the great neighborhood event has endured extreme scrutiny and opposition from the 15th district police department. In a scam to bilk west side residents visiting Moore Park, signs have been posted along Quincy Street restricting parking without a residential permit. This is a public park and is further seen as an attempt to ultimately privatize Moore Park restricting accessibility to

community youth. In response to one of this year's challenges, YBU would like to thank: Alderman Ed Smith for his continued support and vigilance in keeping Moore Park a viable member of the Chicago Park District, as well as Park District staff Art Richardson and Michael Scott Jr. for their support of the tournament efforts. Jackson Square Nursing Care Facility Director Connie Ortega for providing an alternate parking site for tournament attendees this year. Matthew Lynch of The Jesuit Academy for writing our local government in support of the removal of the bogus parking restrictions on the #??00 Quincy Street along the non residential area aligning Moore Park. Mr. Lynch commends the tournament for it's record of non-violence despite the large crowds, he also agrees that this is a public park, there is no need for permit parking along Quincy Street.

FOR MORE INFORMATION ON HOW YOU CAN SUPPORT YOUTH BECAME YOU CONTACT: Treasurev1@yahoo.com or 773-331-7250. We are in search of an inside venue for next year's event, all gifts are welcome whether monetary, equipment, administration or time, we appreciate your support.

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COME IN AND TALK TO SOMEONE IN PERSON.

CCBP from front page

If you decided not to run as a candidate who would you vote for? At the end the candidates gave their closing remarks.

The auditorium was packed with supporters for each candidate, along with many undecided voters gathering information to make their vote in the next primary.

The audience was very excited for the candidates of their choice while the candidates were very casual towards each

other. The forum ended on time promptly at 8:00PM. A more detailed report on the responses to questions from the audience by the candidates will be in the September 3rd issue of the NLCN. An excerpt of the forum can be heard on www.nlcn.org.

Shaka Barak is the President of the Marcus Garvey Institute, Inc, a U.S. Veteran, and is a contributing writer for North Lawndale News. He can be contacted by the following: P.O. Box 1723, Oak Park, IL. 60304; Phone 708-802-1445.

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ON VIDEO

Compiled and Reviewed by David Schultz

MOTHERLAND (1/2)** This direct-to-video documentary by filmmaker Jennifer Steinman chronicles the life experiences between six diverse mothers brought together after the common loss of their child via suicide, street gang violence, struck by a drunk driver, head-on collision, motorcycle accident and part of a triple homicide.

The ladies embark on a 17 day trek through South Africa to handle their personal grief and memoirs of the lost loved ones through volunteer work with native children in poverty and/ or with HIV aids. There is plenty of emotion from the ladies but the beautifully photographed film has compassion, but not enough drama or wildlife to match the scenic splendor.

This is a sincere documentary with limited audience appeal to show those "sadden by tragedy" individuals working through their grief, by seeing how their humanitarian efforts help other kids that sometimes remind them of their own and wonder what might have been.

Not rated; 80min. Gigantic Digital Home Video

SUGAR (*)** The seldom seen life of Dominican baseball players trying to make it in the United States' big league is an intriguing backdrop for this drama that avoids being the traditional "rags-to-riches" scenario. Miguel "Sugar" Santos (*Algenis Perez Soto) is a 19 yr old descent kid with a mean knuckle curveball that is enough to get him noticed who on his home turf is confident and relaxed with a steady girlfriend.

Along with other hometown prospects hoping to following in the footsteps of Sammy Sosa and Pedro Martinez and be signed to an American team that would provide the kind of income that is non-existent locally.

While Sugar performs on the diamond field, he encounters numerous incident that lead to challenges and changes in himself that shows the pitfalls and culture shock when going from obscurity to notoriety.

PG-13; 118min (English sub-titles) Sony Pictures Classics Home Video Available: Sept. 1

Coming Soon to Home Video: Denzel Washington match wits with John Travolta in a remake of "The Taking of Pelham 1-2-3" due out Nov. 3.

THE 7 DEADLY SINS OF BOARD DEVELOPMENT

Valerie F. Leonard
Community Development Consultant

We have all heard of the 7 deadly sins for our everyday lives—lust, gluttony, greed, sloth, wrath, envy and pride. These vices, if left unchecked, can lead to harmful consequences. When it comes to board development, there are 7 mistakes that can stagnate organizational growth.

1. Selecting board members based on friendship or family relationship, without regard to level of commitment, core values or skills the prospective members bring.

2. Allowing prominent, or "big name", people to come onto the board with the understanding that they won't be able to make meetings or attend functions

3. Having board members "rubber stamp" decisions made by the board president or executive director, without discussing the benefits and consequences of the decision upon the organization.

4. Lack of commitment and participation from board members

5. Failure to adequately monitor the organization's finances

6. Failure to file required annual reports with the state and local government

7. Failure to keep abreast of the latest developments in the organization's industry, locale or community

To learn more about how your organization can avoid the 7 deadly sins of

See Development page 6



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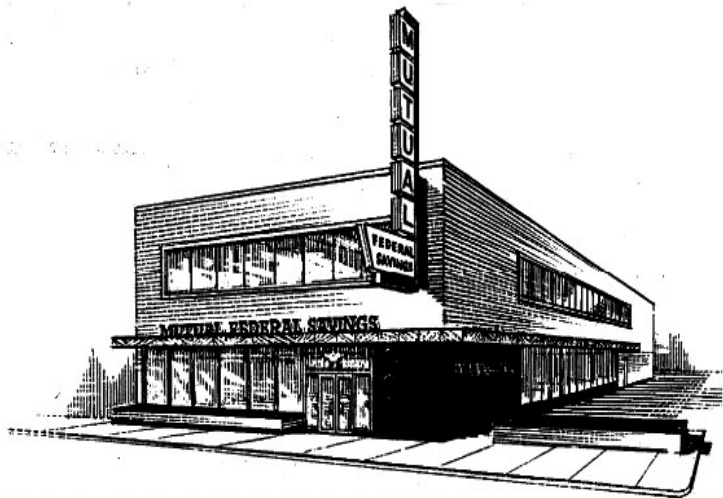
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LANE CHANGE: Time to Ignore the Losers Who Oppose Health Care for Everyone

A Commentary by Travles R. Lane - the1tlane@yahoo.com

One thing I've noticed about all the people kicking up such a virulent fuss about health care reform, they're not talking about healthcare, they are instead raving against "losing our country" and "socialism."

Which poses the question to me: What is it about a proposal to give every American citizen an equal right to health care that makes it anathema to our national identity and free enterprise system to these rabid objectors, many of whom are already themselves enjoying the benefit of government sponsored medical care?

Perhaps, then, the argument is not really about health care at all. Maybe what these people truly fear is their loss of status in a nation where having anything that others lack is a cause for fighting, not to keep what one has, but merely fighting just to deny others the ability to have it. These people are primarily simply afraid of losing the sense of privilege that comes with having someone to be better than.

So they scream and shout and raise all kinds of hell at the notion of a public option that would give all Americans equal access to the ability to live regardless of their economic circumstances. And in doing so, they reveal just how cruel and evil people can be simply for the sake of feeling like they matter more to the world than those they would rather see suffer and die.

Because that is all the comfort the present healthcare system in America provides. If you can afford the insurance, you get to feel you matter more in the world than those you cannot. If everyone has healthcare, you are no longer special in that regard. Let's face it. There is no good reason to deny anyone the right to health care, and the time has come to quit making that right a privilege based on the whims and profit motive of insurance companies.

It is also time for President Obama to quit trying to work with Republicans on this issue when it is plain to see they have no intention of supporting anything he does. There is no merit to bending

over backward to please people comparing you to Hitler and accusing you of wanting to establish "death panels" for the elderly.

There is also nothing to be gained by political calculation on the matter. Because the loss to the country if we don't get public health care will be of much greater consequence to the future of our nation than the loss of White House if that indeed is the cost of getting it done.

I've said all along that the president is making the mistake of trying to ensure his reelection rather than maximizing the opportunity he has to achieve significant changes in the term he already has won.

Until he puts his foot down and show some real willingness to get down and dirty with his adversaries in the Beltway and the corporate boardrooms of America, he will simply be a "change agent" who actually changes nothing in the way things have been done since the Constitution was written.

We will all continue to live at the mercy of those with the money to buy the representation that rightfully belong to every citizen regardless of their financial status.

And that would be a shame. Because if a black president is truly going to be of any indication that the United States is moving beyond the narrow agenda of fostering division among its people, he has to first change the formula that calls for acceptance of the status quo.

Real healthcare reform would send that message loud and clear. And it will bring the nation closer to the day when that government of the people, by the people and for the people truly works for all the people.

It doesn't require four more years or 40 more years to make that happen, if our president stop listening to the very people who have already expressed their disdain for his current election and their overwhelming desire to see him fail.

"Life"

Beth ShalomBnai Taken Ethiopian Hebrew Congregation Nashe Or Secretary Nedra Logan Dye

Life is now
Thursday, August 27, 2009

This week lesson is about rustication and reckoning.

Where do you start?

What is u doing right now with your life?

Reading the entire book of Duetronomy you will find in the twenty seven chapters around the eighteen verses several clear descriptions of behavior appear. Take inventory and start write now making

chance in your life.

The day of forgiveness is Yom Kippur. It is in the Holy Book.

Once a year we are forgiven for the issues of errors we have made GOD, Ourselves and others.

We take the whole day to plead for forgiveness to the highest God, as well ask our friends and colleges to forgive us if we offend them in any way shape or form.

Life is Now Do good now and let see what Happen.

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If you would like to be a part of this new beginning, please contact Mrs. Tonya Y. Tolbert, Principal at (773)534-1530.

AT THE FLICKS

David H. Schultz, film critic



Andy Griffith as Grandpa Joe and Paul Campbell as David Mitchell in Play the Game

PLAY THE GAME (*)** This romantic comedy sounds like another typical battle of the sexes through theorized beliefs and tactical maneuvers that men and women put each other through. But Northwestern University attendee and first-time writer-director Marc Fienberg's "Play the Game" succeeds to show the film has a lot more on its mind within showing the ins and out of the game that makes for one of the most delightful surprises of the season.

The movie starts out being about David (Paul Campbell), a car salesman for his father's (Clint Howard) dealership who is considered and idolized as a ladies man by his black and married co-worker, Rob (Geoffrey Owens) who lives vicariously through hanging out and observing with his bachelor buddy, David whose quick to demonstrate his ability to capitalize on an individual's vulnerability to sell them overpriced and accessorized cars by day.

While by night at a local bar, David demonstrates and explains those same methods to lure any woman to be interested in him.

Then David finds himself forced to play on Rob's touch football team. Where David encounters on the rival team, a woman, Julie (Marla Sokoloff) who seems to "one up him" in every way and won't cater to his terms. Naturally, David becomes initially infatuated by this woman who won't allow herself to be had.

David inherited his "tricks of the trade" from his father who cares only for his son's ability to sell cars and make money for him. Much to the disapproval of his Grandpa Joe (Andy Griffith) whom David goes to visit in the retirement community to fulfill his late grandmother's wish, to train Grandpa Joe to meet women by playing the game through five courses. When the most important thing Joe wants isn't the sex, but the companionship he enjoyed with his "dearly departed" wife.

At age 84, Andy Griffith gives an incredible and wonderful performance with this character that represents the ideals of his much beloved, homespun TV series image and moral values that is given a light homage in this film's finale with fishing in the lake scene.

Griffith is still giving advice and life lessons to this new womanizing version of a grown up Opie in Paul Campbell whose character falls enough in love with Julie, but continues to rely on his "game" tactics that denies until later, his true feelings and personal discovery that make him realizes the possible soul mate that his Grandpa Joe had for most of his married life.

While Joe is having trouble applying his

grandson's methods toward the woman he wants in Rose

(Doris Roberts) who already has a senior boyfriend (Rance Howard) and happens to be Julie's grandmother.

Joe finds himself being the object of desire by another, more aggressive lady, Edna (wonderfully played by Liz Sheridan) whose looking for more than companionship. And eventually Edna slips a "Mickey" in his drink to help Joe ease worried concern over sexual stamina. Until Edna begins to tremble and then rushed to the hospital, but not before she offers a different perspective to living out one's golden years in a non restrictive manner.

While director Fienberg cleverly continues to shifts his script between the exploits encountered between the young (Campbell) and the old (Griffith) in their separate relationships,

We see amusing and insightful moments written with warmth, honesty and intelligences that delightfully catches us by surprise

"Play the Game" is the little big movie that should be seen by young and old as a date movie or just on the merit of Fienberg's reflective script and direction script that smoothly crosses the generation gap to indicate the self discoveries and similarities therein each age group encounters, comes to terms and make alterations in their beliefs and living.

This is a relatively smart, funny, and uplifting movie that I hope isn't overlooked in its initial release now (that could occur due to the limited marketing and small distribution) While some might view this movie as being safe and simple. Sometimes the best life and love lessons are just that.

PG-13; 105min A Story Films Picture release -Presented at selected theaters

From Sista To Sister: "Let's Pave The Way"

Tali Bakhit



My Sister's let's pave the way. From Chicago, to Philadelphia, Washington DC, to NYC the crime rates are rising. There must be a better way. We must pave

the way. Young kids are dying each and everyday from gun shot wounds to the head, chest, back, and abdominal area. Innocent bystanders, gang bangers, and drug slangers. We must help pave the way. No matter what the situation. That innocent child didn't deserve to be gunned down in the streets, neither did that gang banger, or the drug slanger. Something is wrong here, can't we all see it. No one deserves such a harsh consequence, everyone deserves a chance. We've become so isolated, no one wants to speak up, and speak out. No one wants to take responsibility for what is happening to our communities. One says it's the drug dealers, another says, it's the gang bangers, and then another says it's the white man, they just don't give a damn. But have you ever heard the quote "We are the masters of our own destiny?" Yes we are! These are our communities, and our children that are being killed in the inner city of Chicago. How could we let things get so bad? Everyone is playing the blame game. But we must all understand that "It takes a village to raise a child." And we are the village, us, the people of the community, the teachers in the schools, and the parents which are the primary care takers. We aren't to neglect our youth and play the blame game but we are to lend a helping hand, to the innocent bystander, the gang banger, the drug slanger and the drug user. We have to rebuild in order to prepare for a better future. We have to pave the wave. We can't be frightened or isolated but we must work together. We must get rid of our jaded mentalities in order to be strengthened and united.

Yes, times have truly changed, and we all know this. Any day of the week we can

See Sista page 7

Development from page 4

board development and other pitfalls, be sure to register for Capacity Building Blocks™, a 10-week workshop series for nonprofit leaders who are serious about maximizing community impact. The interactive workshops will provide an in-depth organizational assessment, and balance of instruction, case studies and group activities designed to help participants strengthen their organizations' infrastructure, and position them for long term sustainability. The workshops will take place every Tuesday, from September 15, through November 17, 2009 at the Garfield Park Conservatory, 300 North Central Park, in Chicago, from 9:00 a.m. through 12:00 noon. Participants may take any number of workshops based on individual needs. The workshop fees range from \$65.00 per workshop to \$45.00, depending upon the number of participants or workshops.

About the Author

Valerie F. Leonard is a Chicago-based community development consultant, with a mission to strengthen the capacity of organizations to make a positive impact on the communities they serve through technical assistance, specialized workshops, resource and organizational development and project management. For further information, you may call Ms. Leonard at 773-521-3137, visit www.valeriefleonard.com or e-mail her at consulting@valeriefleonard.com.



Strategic Human Services
The North Lawndale Community News
1211 S. Western Avenue, Suite 203
Chicago, Illinois 60608

2009 Microsoft Office Training Schedule

Date	Class
8/15	Computer Fundamentals Windows XP
8/29	Word 2003 Basic To Advance
9/5	Excel 2003 Basic To Advance
9/12	PowerPoint 2003 Basic To Advance
9/19	Access 2003 Basic to Advance
9/26	Computer Fundamentals Windows Vista
10/3	Word 2007 Basic To Advance
10/10	Excel 2007 Basic To Advance
10/17	PowerPoint 2007 Basic To Advance
10/24	Access 2007 Basic to Advance
10/31	Word 2003 Basic To Advance
11/7	Word 2007 Basic To Advance
11/14	Excel 2003 Basic To Advance
11/21	Excel 2007 Basic To Advance

All Saturday classes have a material fee of \$50 if employed; if unemployed or receiving any type of public assistance (TANF, SSI, etc.) the material fee is waived.*

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A NOTICE IS HEREBY GIVEN, pursuant to "An Act in relation to the use of an Assumed Business Name in conduct or transaction of Business in the State," as amended, that a certification was filed by the undersigned with the County Clerk of Cook County under file no. D09118601 on July 21, 2009 under the Assumed Name of Beleza Natureza Beauty Consultant with the business located 9050 S. Dobson, Chicago, IL 60619. The true name and residence address of the owner is Edinette Nava-McCain, 9050 S. Dobson, Chicago, IL 60619.

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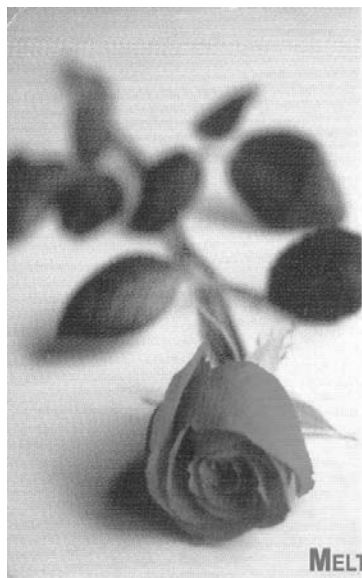
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Sista from page 6

turn on our televisions sets and hear the dreadful stories of our youth being gun down in the Chicago streets everyday. Just recently, CNN's Don Lemon did a special report on what he calls "Chicago's Deadly Streets." What is most frustrating is that as much as the stories about our inner city neighborhoods are being talked about not much is being done to solve this problem. To many, it's just a story. However, I say thanks Don for the story, but we need some help over here in Chicago, and we need it ASAP! I speak to you my Sister's to make clear and known that we are slipping, and we must wake-up and do something about what's going on in our inner city streets. It's very easy my Sister's, we are the backbone of our communities. We have to pave the way, we have to stand up to the call and hold our brothers responsible. Helping our brothers to understand the significance of raising our young men. It's so much to write about, and so much to talk about, but there is even more to be done, about this major issue of our youths lives being cut short, and jail is certainly not the answer. We need to rehabilitate our youth, and jail is certainly not the answer. We need to love our youth, and I tell you again that jail is not the answer. How do we break this bond of demonic forces that so flourishes the mind set and the actions of our youth? I have the answer my Sister's and Brother's—love, love will pave the way. Nurturing our youth to be the leaders of today and tomorrow. We must start now before it's too late, the clock is ticking. Let's begin the shift.

Love & Light,
Your Sister Tali

Tali Bakhit is a visionary journalist, writer, entrepreneur, and owner of her own company Bon-chic Productions. Born and raised in the inner city of Philadelphia, she knows the struggles that young African American sisters go through on the everyday basis. As a writer for the North Lawndale Community Newspaper, Tali has made a loyal commitment to give back to the Sisters and prove yes we can all get along and create a since of loyalty. Peace & Light My sisters.



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2nd Annual Lawndale 5k Walk/Run

Saturday, September 26

2nd Annual Lawndale 5k Walk/Run

Lawndale Christian Fitness Center
3860 W. Ogden Ave.
Chicago, IL 60623

8am Check-in
9am Start of 5K Walk/Run
10am Kids Dash (ages 3-12)
10:30am Awards Ceremony/Healthy Snacks

AWARDS

Awards will be presented to the top three male and female runners in each of these age groups: 6-14, 15-17, 18-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65+

Pre-register by September 19 at Lawndale Christian Fitness Center to ensure we have a t-shirt in your size on the day of the event, or register online at www.lawndale.org.

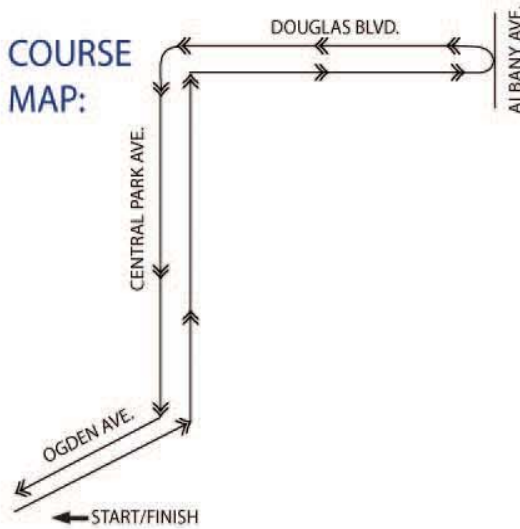
Walk your own pace or run hard. This is your opportunity to enjoy the boulevards of Lawndale as well as Douglas Park. Join us for a day of fitness while promoting health and wellness in Lawndale.

Questions? Call LCFC at 773.843.3219.



presented by Lawndale Christian Fitness Center

COURSE MAP:



COST: 5K ADULTS
\$12 Pre-registration
\$15 After September 19

5K YOUTH (6-17)
\$8 Pre-registration
\$10 After September 19

*Youth age 6-12 receive free Kids' Dash entry with 5K registration.

KIDS' DASH (ages 3-12)
\$3 Pre-registration
\$5 After September 19

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